

The present study is qualitative in nature and is based on theoretical explanation and textual analysis. The study aims at analyzing the novel *Twilight in Delhi* written by Ahmed Ali in the light of naturalistic elements. Naturalism as literary theory originated in the late 19th century. This theory focuses on the fact that human actions are controlled and determined by heredity, fate, environment and other social obligations. Naturalistic works present a very grim picture of life. The present research is an attempt to explore that the human beings in this world are controlled by their environment. The ones who change themselves with the changing trends can survive, the rest fall and deteriorate socially, politically and psychologically. These and other key features of naturalism will be highlighted in the novel through qualitative analysis.