

Present study was designed to find out the relationship between emotional intelligence and self esteem among sighted and visually impaired school students. The main objectives of this study were to measure self esteem of sighted and visually impaired students, to measure emotional intelligence level of sighted and visually impaired students, to compare self esteem and emotional intelligence of sighted and visually impaired students, to compare emotional intelligence and self esteem of sighted and visually impaired students studying in private and public sectors institutions and to investigate the role of students' demographic variations of gender, age, grade, family socioeconomic status, number of siblings, birth order, parental professions and qualification in determining their self esteem and emotional intelligence levels.

In this study standardized questionnaires were used to measure emotional intelligence and self esteem, emotional intelligence was measured by using Emotional Intelligence Scale (EIS) and Self Esteem Questionnaire (SEQ) was used to measure students' self esteem. EIS contained 33 items comprised seven subscales i.e. Appraisal of Emotions in Self, Appraisal of Emotions in Others, Emotional Expression, Emotional Regulation of others, Utilization of Emotions in Problem Solving and Uncategorized. SEQ contained 36 items comprised five subscales i.e. self — Regard, Social Confidence, School Abilities, Physical Appearance and Physical Abilities. Cronbach's Alpha reliability of EIS and SEQ were .843 and .696. A sample comprising of 200 students was taken from sighted and visually impaired students studying at secondary schools from Islamabad, Rawalpindi, Sargodha District and Attock. Stratified random sampling technique was used to collect data for the study.

Research findings revealed that there is significant difference in responses between sighted and visually impaired school students regarding emotional intelligence and self esteem, this study also reveals that there is significant positive relationship between emotional intelligence and self esteem.