

The relation of soul and body is as old as the creation of human life. The equilibrium between the two lies in the delicate scale which is in the human hands. Throughout human history the balance has always been disrupted when body or the matter takes the influence in the scale of human power. The premise of my thesis is that the purification of the self of Islamic society is only possible when this balance between soul and matter is maintained. This has to be made into a system, a complete inspiring movement, the purpose of which is to purgation of the self, to create a balance between soul and matter. This can be done if the elements of insensitivity, pride, lust, and extremism in society are eradicated through patience, gratitude, peace, love and brotherhood of Tasawwuf.

The reason behind the research lies in the fact that Tasawwuf is not just a doctrine, but it is a practical approach towards life. It is also a proven reality that to make peace stable and permanent in the world, every doctrine needs to be symmetrical to the current state of human life. I would begin my thesis with the meaning of Tasawwuf, which would lead to the discussion of why it is needed today. This would generate then, the point that Tasawwuf is way or a method for rectification of the self of society. The impediments which usually blur the meaning of Tasawwuf will also be the part of the discussion. And in the end the credibility of Tasawwuf, in terms of its likely effects will be presented.